



Treatment Menu

LA VALLÉE SPA

GRAND BEAU-RIVAGE · INTERLAKEN



MASSAGE RITUALS

Take a moment for yourself. Our rituals are tailored to your wishes and bring body and mind into balance.

The Sleep Enhancing Serenity Massage

60 MINUTES · CHF 160 | 90 MINUTES · CHF 210

Deep relaxation for body and mind, created to promote sleep and renew your energy.

Energy & Vitality Massage

60 MINUTES · CHF 160 | 90 MINUTES · CHF 210

Natural Swiss plant extracts and essential oils with an invigorating massage, tailored to your needs.

RENEWING BODY RITUALS

Supreme Body Mask Smoother

80 MINUTES · CHF 220

Body mask of pink clay, a scrub with pumice extract and apricot powder, then a drainage massage with nourishing body balm.

Drain Pro

50 MINUTES · CHF 150

Gentle drainage focused on the abdomen and legs. A feeling of lightness remains.

Silhouette Perfection

80 MINUTES · CHF 220

A scrub renews the skin, a detoxifying massage stimulates the lymphatic system. The skin is firmed and reshaped.



FACIAL RITUALS

The facial rituals of La Vallée are shaped by Swiss nature and begin with a skin analysis.

Boost – Caviar Collagen Supreme

90 MINUTES · CHF 280

Soothes and firms, plumps contours. The alginate mask with sea minerals refreshes the skin.

Glow – Brightening & Balancing Perfection

90 MINUTES · CHF 280

For luminous, evenly toned skin, with a mask of 24-carat gold leaf.

Prevent – Vitality, Radiance and Anti-Ageing

60 MINUTES · CHF 160

A boost of antioxidants that refreshes the skin, oxygenates it and prevents cell damage.

Heal – Ultra-Soothing Hydration

60 MINUTES · CHF 160

Soothes and repairs the skin, especially after sun and wind.

Detox – Deep Purification

60 MINUTES · CHF 160

Cleanses gently, calms and refreshes the skin.

Men's Time Out

60 MINUTES · CHF 160

For men's skin: cleansed, regenerated, refreshed and hydrated.



SPA ENHANCEMENTS

Without additional time added to any treatment.

24-carat gold leaf face mask	Face · CHF 40
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Collagen Infusion Sheet Mask	Face · CHF 30
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Collagen mask for the eye area	Eyes · CHF 30
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24kt Gold Leaf Under Eye Patches	Eyes · CHF 40
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24kt Gold Leaf Lip Mask	Lips · CHF 40
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Nourishing Balm	Body · CHF 30
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The rich balm of La Vallée instead of massage oil.

DELIGHT IN EXTENDED PAMPERING

Sea Facial Mask (Alginate)	15 minutes · CHF 30
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Eye Refresher	15 minutes · CHF 30
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Neck and Décolletage Refresher	15 minutes · CHF 30
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EXPRESS TREATMENTS

When time is short.

Stress Relief

30 MINUTES · CHF 90

Back, neck and shoulder massage.

Glow & Go Facial

30 MINUTES · CHF 90

Firming, radiant facial.

Body Smoother

30 MINUTES · CHF 90

Body scrub with a pink clay body mask.

Hands & Feet Glow

30 MINUTES · CHF 90

Gentle scrub and massage for hands and feet.

MANICURE AND PEDICURE

Classic Beautiful Hands

60 minutes · CHF 90

Classic Beautiful Feet

60 minutes · CHF 90

Nail polish

15 minutes · CHF 40



EYELASH AND EYEBROW TINTING

Eyelash tinting	30 minutes · CHF 40
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Brow tinting	15 minutes · CHF 40
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Lash and brow tinting	30 minutes · CHF 80
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WAXING RITUALS

Brow	15 minutes · CHF 30
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Upper lip	15 minutes · CHF 30
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Underarms	15 minutes · CHF 50
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Half leg	30 minutes · CHF 70
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Full leg	60 minutes · CHF 150
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DAY AND EVENING MAKE-UP

Day make-up	CHF 70
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Evening make-up	CHF 90
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La Vallée SPA

GOOD TO KNOW

Spa area

daily 7.30 - 21.00

La Vallée Beauty Center

daily 9.00 - 19.00

Fitness

24 hours

Appointments on +41 33 826 70 07, as a hotel guest internally on 750. Please arrive ten minutes before your treatment. You can reschedule or cancel up to 24 hours in advance.